# Battling Financial Toxicity: A Shift in Culture

Sarah Rossman, MS, RN

Administrative Director - Cancer Services



cancer has been one of medical medical west costly medical treat in the most costly states the most conditions to treat states conditions to the united states

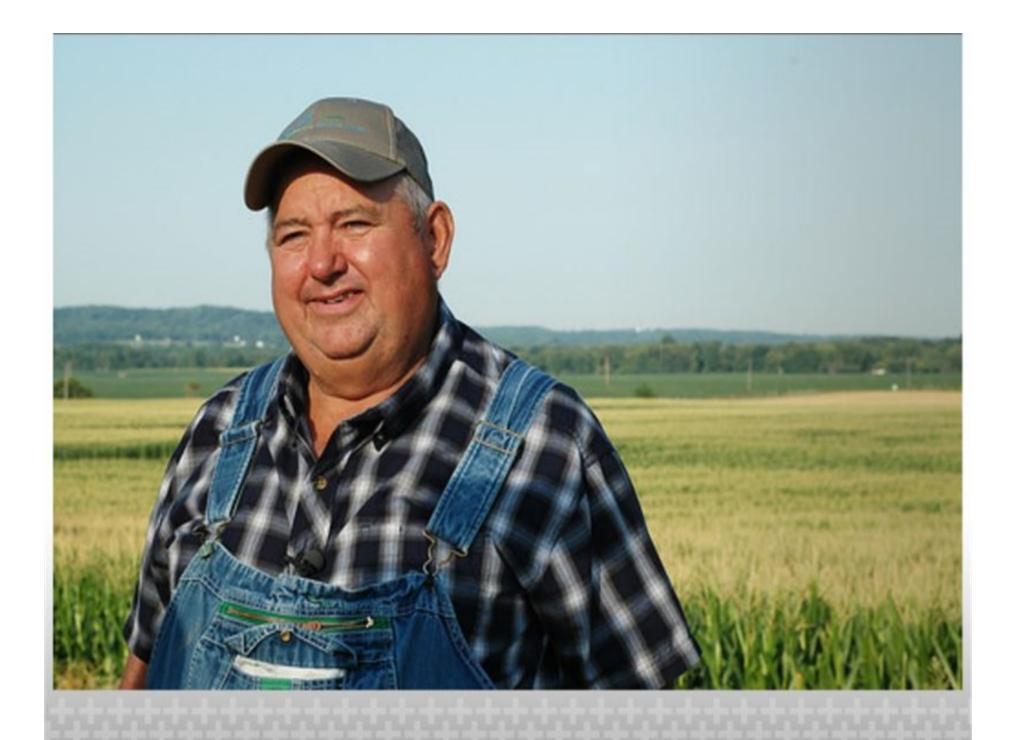
Cancer Patients are receiving chemotherapy and biologics

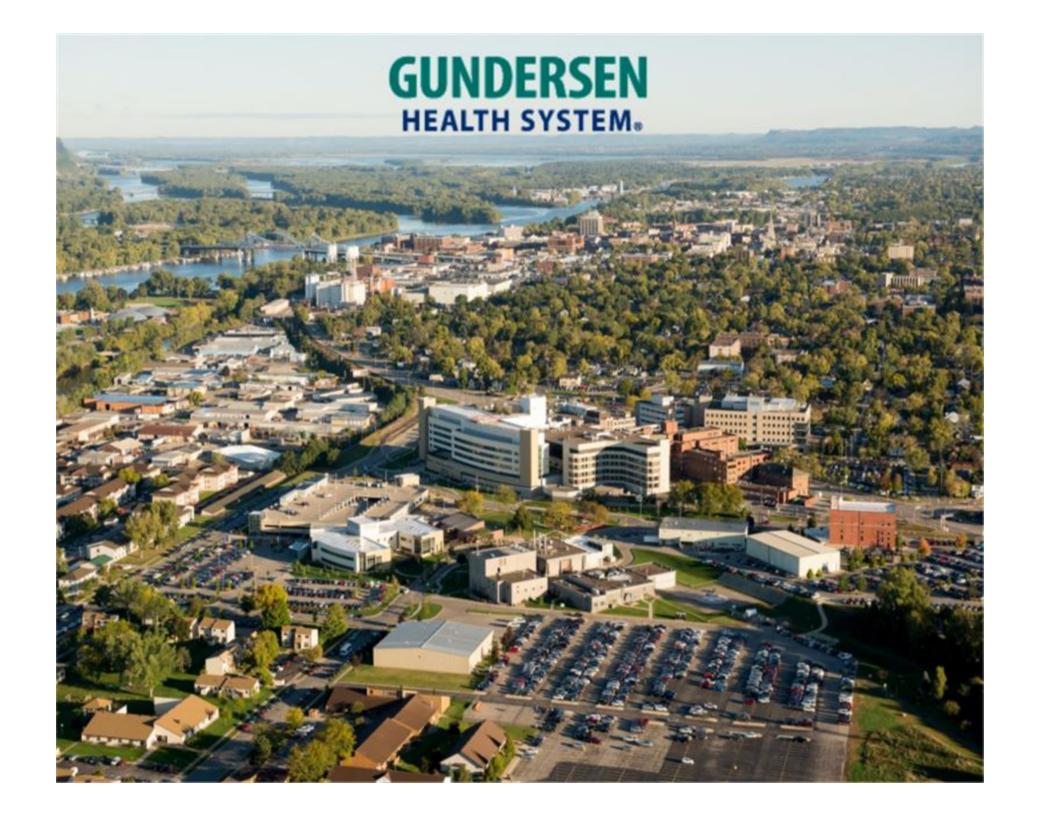
Prices higher than \$10,000 a month for individual drugs and biologic agents are common 23% of insured adults aged 19 to

Financial distress
associated with acute and chronic cancer is highly prevalent, even among persons with health insurance

Denials are on the rise from insurance companies

23% of insured
adults aged 19 to
experienced out.
equal to 10% or HEALTH SYSTEM.
income





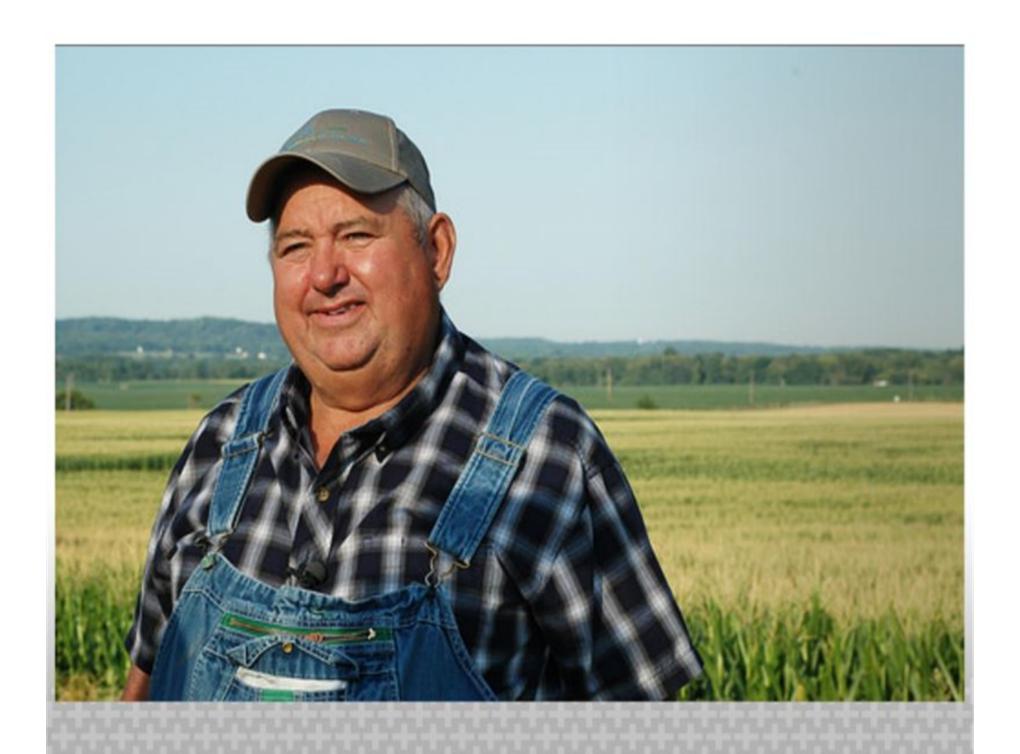
# Our System











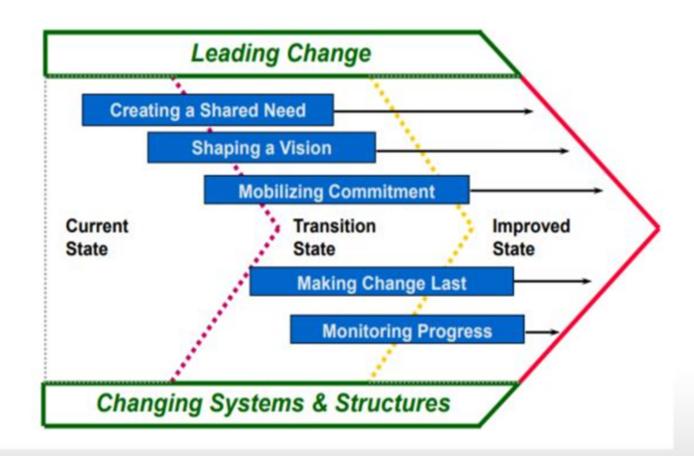


## Discoveries

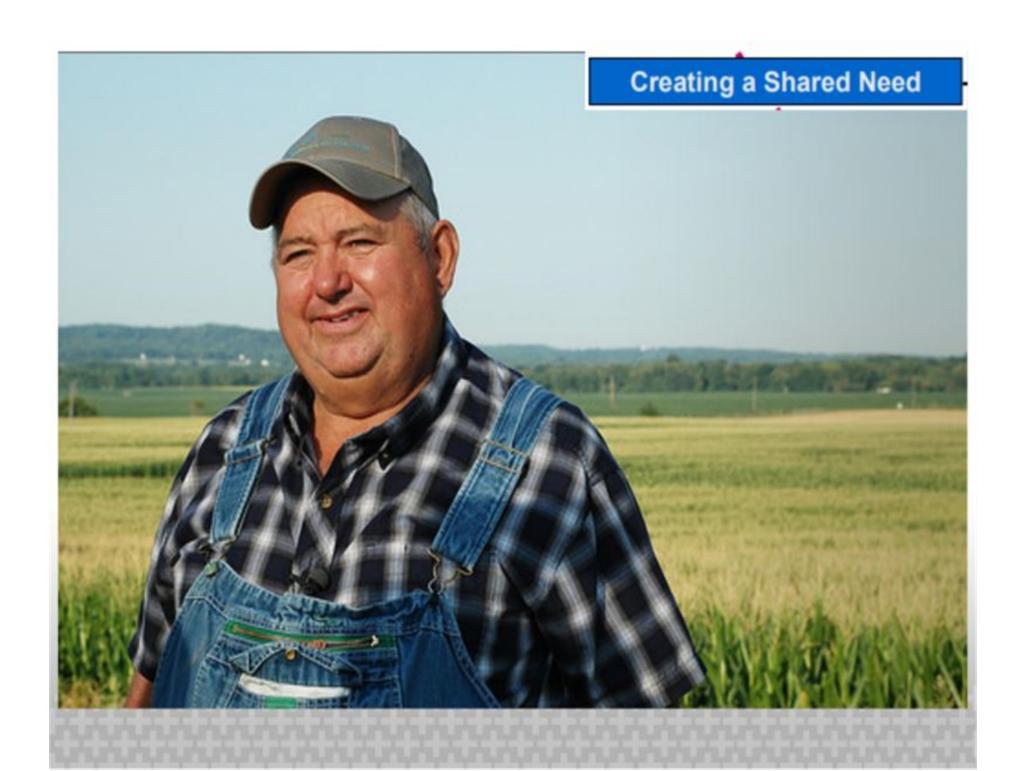
- Jim's infusion was never prior authorized prior to his infusion
- Insurance company would not retro auth the infusion
- Jim never met with a Financial Counselor
- Due to Jim already receiving the infusion he was no longer able to apply for drug assistance



#### **Change Acceleration Process**







## Our Call to Action

- Created a Committee of key stakeholders
  - Revenue Cycle
    - Prior Authorization Team
    - Financial Assistance Program
    - Billing and Insurance Follow Up Team
    - Coding Team
  - Outpatient and Infusion Pharmacy
  - Oncology Leaders, Clinicians and Support Staff
  - Infusion Leaders and Support Staff
  - Patient and Family Advisory Council



#### **Shaping a Vision**

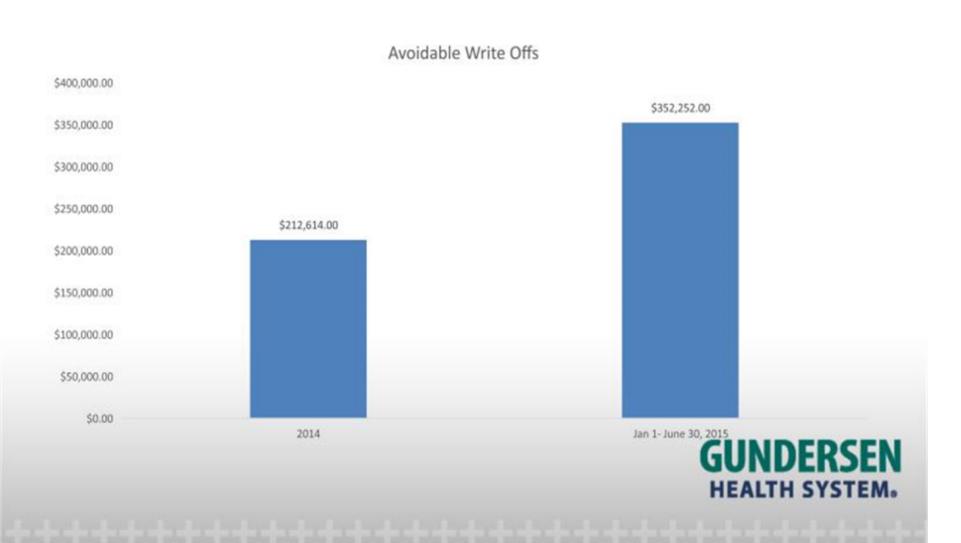
## Our Call to Action

#### Goal

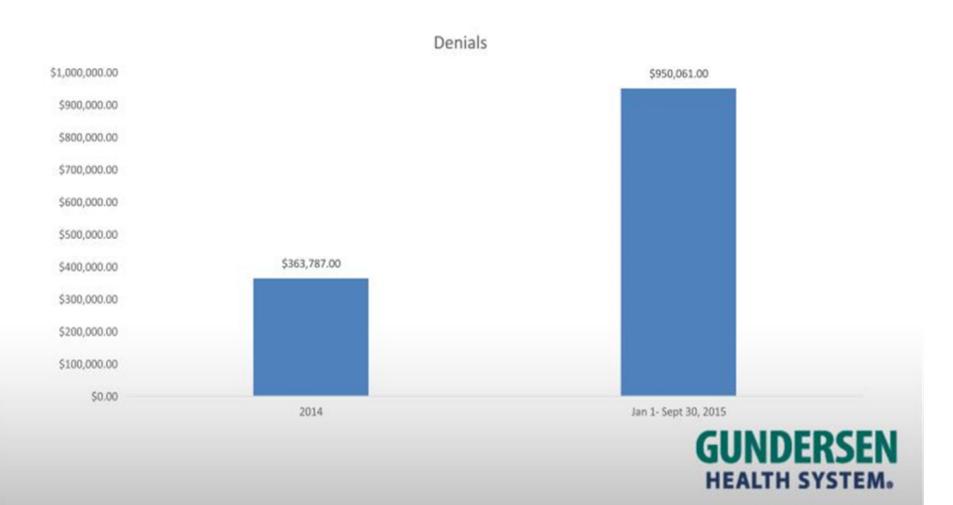
 Research, design, and execute sustainable financial processes that will minimize the risk for financial toxicity to our patients.



# Discovery: Avoidable Write Offs



# Discovery: Denials



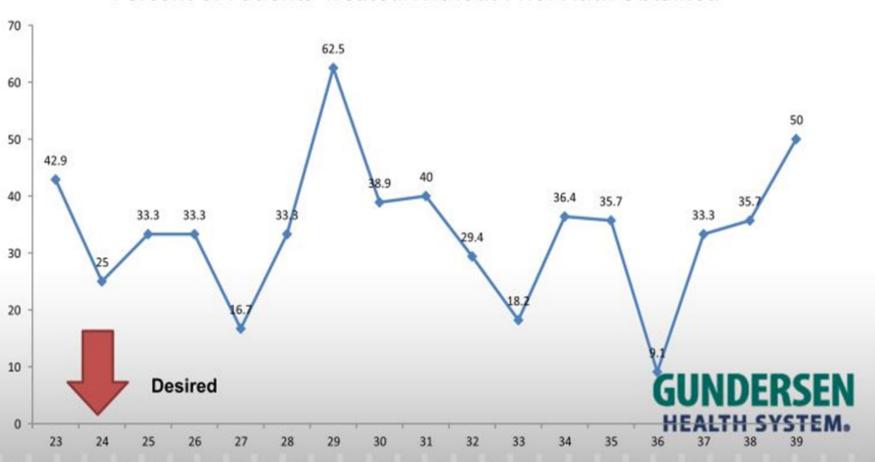
# Discovery: Financial Counselors

- Financial Counselors:
  - Few new patients saw a financial counselor
  - Patients feared we wanted payment
  - Drug assistance program and co pay assistance programs were not leveraged
  - Patients were showing up to outpatient pharmacy and not filling scripts

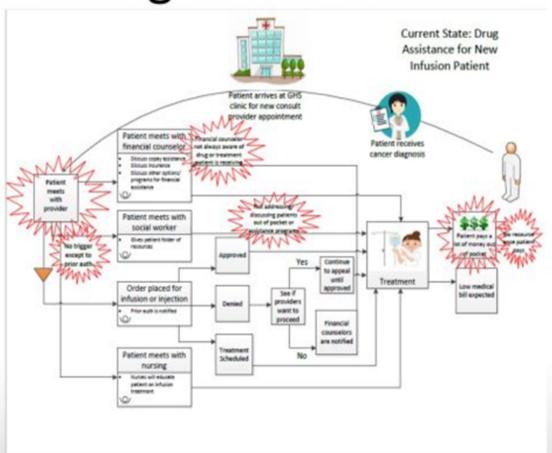


# Discovery: Prior Authorization

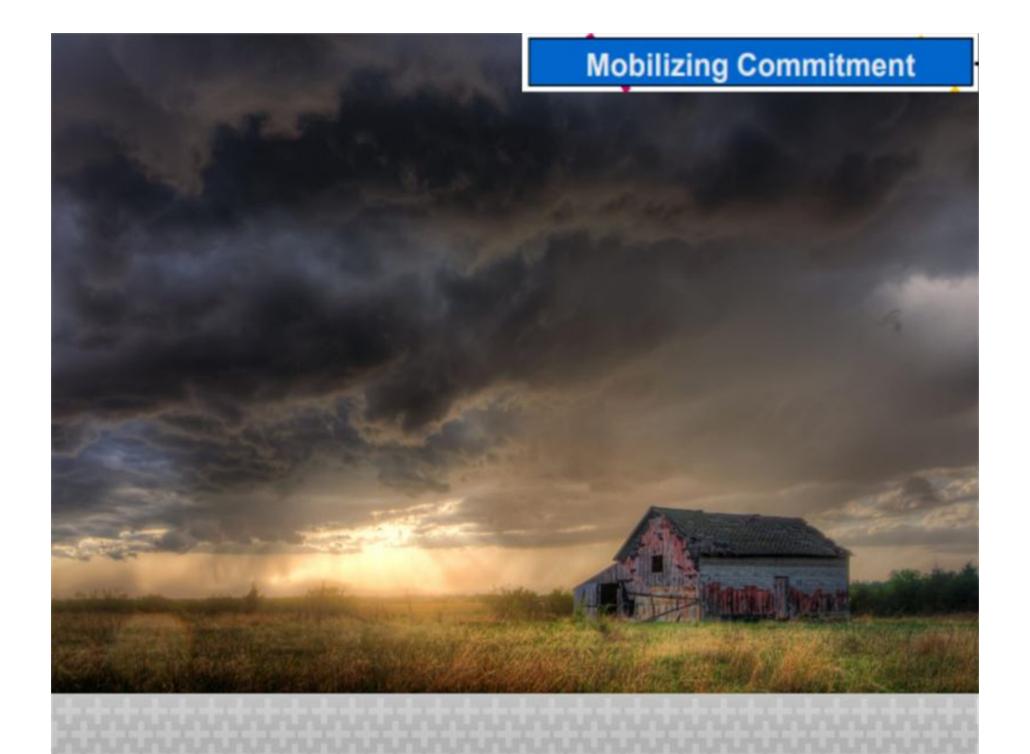
#### **Percent of Patients Treated Without Prior Auth Obtained**



# Going to the GEMBA







#### **Shaping a Vision**

## Goals

- All Infusions and oral chemotherapy scripts would be screened for prior authorization and medical necessity
- All new patients would meet with a financial counselor
- Increase drug assistance and co pay assistance
- Decrease denials and avoidable write offs





# Prior Authorization: PDCAs

- Scheduling
- Emergent situations
- Communicating with patients
- Prioritization



# **Prior Authorization**

- Integrated Prior Authorization Specialist
- Leveraged technology
- Created triggers and prioritizations
- Created patient education



## Financial Counselors: PDCA

- Patient identification and scheduling
- Drug and co pay assistance identification
- Patient and family understanding
- Provider buy in
- Pharmacy collaboration



# Financial Counselors Advocates

- Increased resources
- Automated scheduling with new patients
- Created patient education
- MAs guiding patients to the visit
- Renamed role





Gundersen Health System Center for Cancer and Blood Eksorders combines compassion and innovation for your care.

Your new patient appointment, which may take up to three hours, will introduce you to our multidisciplinary care team to excure you benefit from the services and resources available to support your overall health.

Give us a call with questions or concurrs: (506) 775-2385 or (800) 362-9567, ext. 52385.

Your Team

#### Clinician Visit/Medical Assistants

#### **Financial Advocate**

Potential expenses after a cancer diagnosis can create anxiety, and understanding insurance coverage and benefits can be confusing. You have access to a financial advocate to help you " and your family:

- · Access to resources for your current and future expenses
- · Estimate future expenses
- · Review and understand hospital or clinic bills and insurance coverage, including deductibles and out-ofpocket costs

alp you

biller including deductibles and out-of-

 Provide education from diagnosis through the course of your care

(ACS) ravigator on sits who can help you and your family.

- -Connect with financial assist anca
- programs, transportation, temporary room and board, and other services Understand your disease through
- educational materials Receive emotional support through

**HEALTH SYSTEM.** 

product costs

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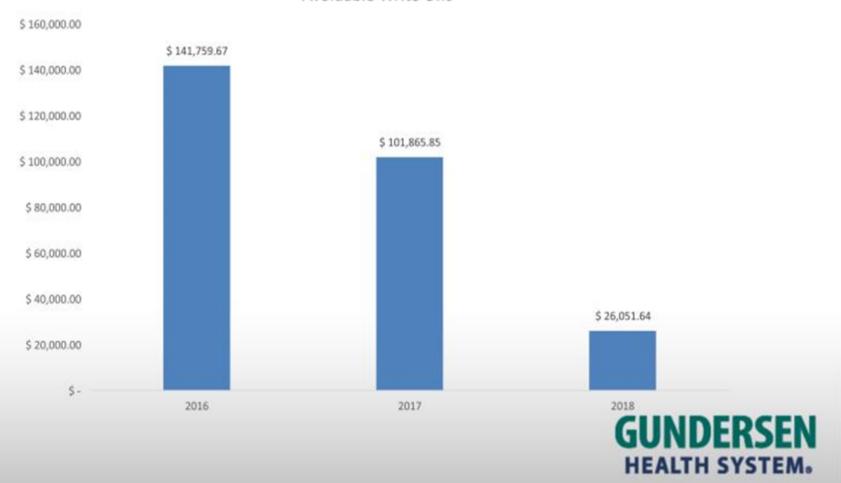
Where Caring Meets Excellence

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#### **Monitoring Progress**

# Results

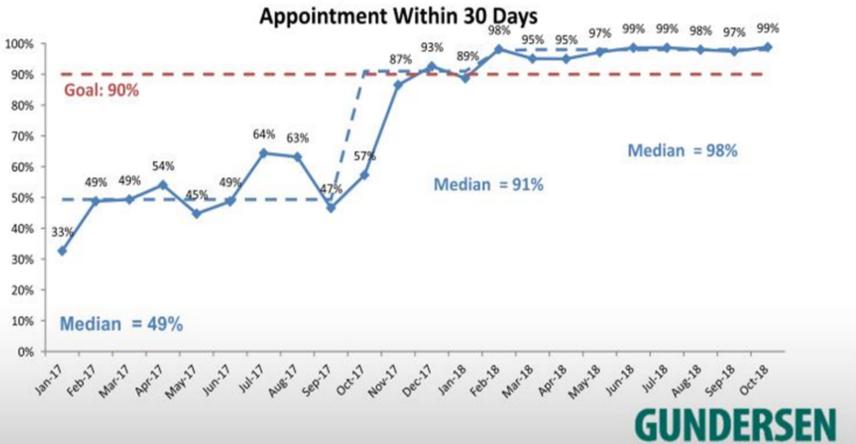
Avoidable Write Offs



#### **Monitoring Progress**

## Results

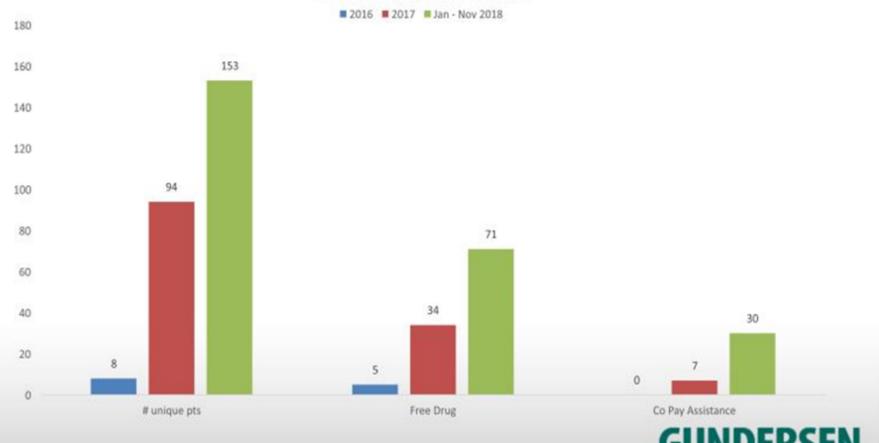
**New Cancer Patient Appointments with Financial Counselor** 



#### **Monitoring Progress**

# Results

#### **Financial Assistance**





### Results

- Relatedness across the team
- Created relationships
- Shifted a culture to view the whole patient
- Starting to ask the question:
  - "How will this impact my patient financially"





# Next Steps

- Expanding automated drug assistance to infusions
- Genetic testing
- Financial Counselor in pharmacy
- New formulary guidelines



# **QUESTIONS?**

