

Better Healthcare through Math™ :  
*Optimizing Infusion Scheduling*

January 2020

# Objectives for today's discussion

1. Introduction 05 minutes
2. Describe the typical challenges facing infusion centers 20 minutes
3. Explain the underlying mathematical reality that creates these challenges 20 minutes
4. Describe best practices in scheduling infusion treatments 15 minutes
5. Q&A 15 minutes

# Introduction



Pamela F. Tobias, MS, RHIA, CHDA

Pamela earned her Masters of Science in Health Care Administration from King's College, is a Registered Health Information Administrator and Certified Health Data Analyst. She has over 20 years of experience in progressive leadership roles in healthcare and oncology. Most recently she served as the Administrator for Oncology Services at the Lehigh Valley Health Network Cancer Institute where she was a critical link between care providers, patients, payers, and diverse internal customers. She is currently the Head of Customer Engagement, Infusion at LeanTaaS, where they are using complex math and predictive analytics to improve efficiency and unlock capacity for healthcare systems.

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Bridget Roell

Bridget holds a Bachelors of Science in Industrial Engineering & Operations Research from the University of California, Berkeley. She has worked with over 50 infusion centers across 20+ healthcare systems around the country to improve scheduling practices & operational performance. She is currently the Lead Product Manager for the iQueue for Infusion Centers product at LeanTaaS, where she drives the development of innovative solutions to the key operational problems facing infusion centers using data science and predictive analytics.

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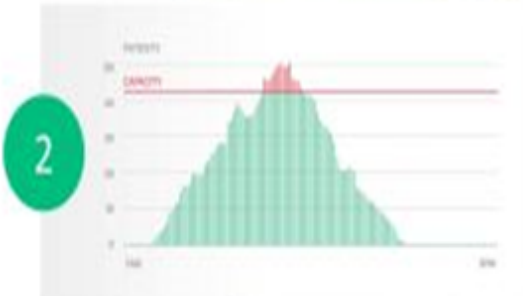
# Most infusion centers face the following challenges on a daily basis

## Problem



1

Patients tend to **wait a long time** for their infusion appointments – especially in the middle of the day



2

Chair utilization starts out low and ends low – but has a **midday peak** that is at (or above) chair capacity virtually every weekday

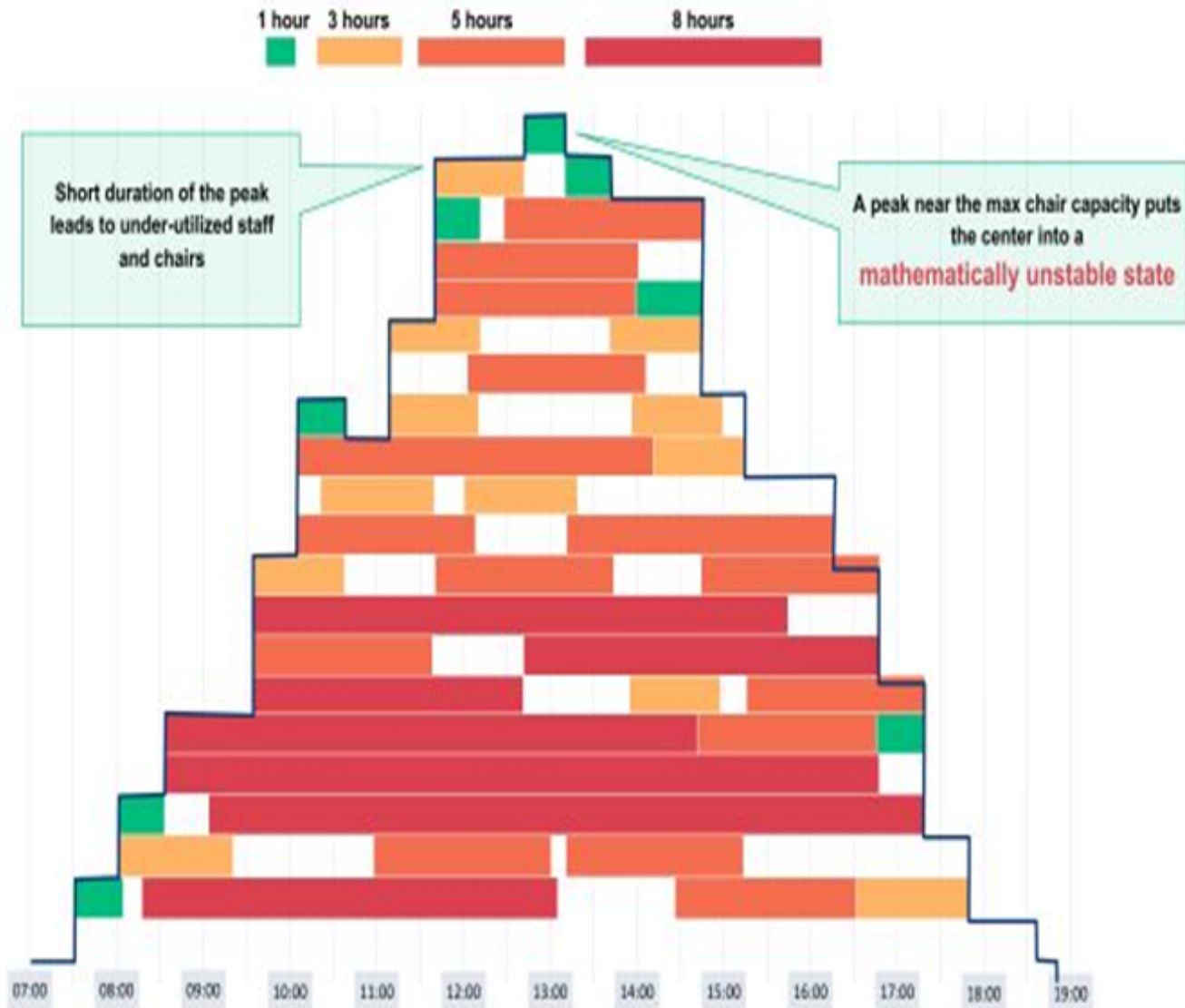


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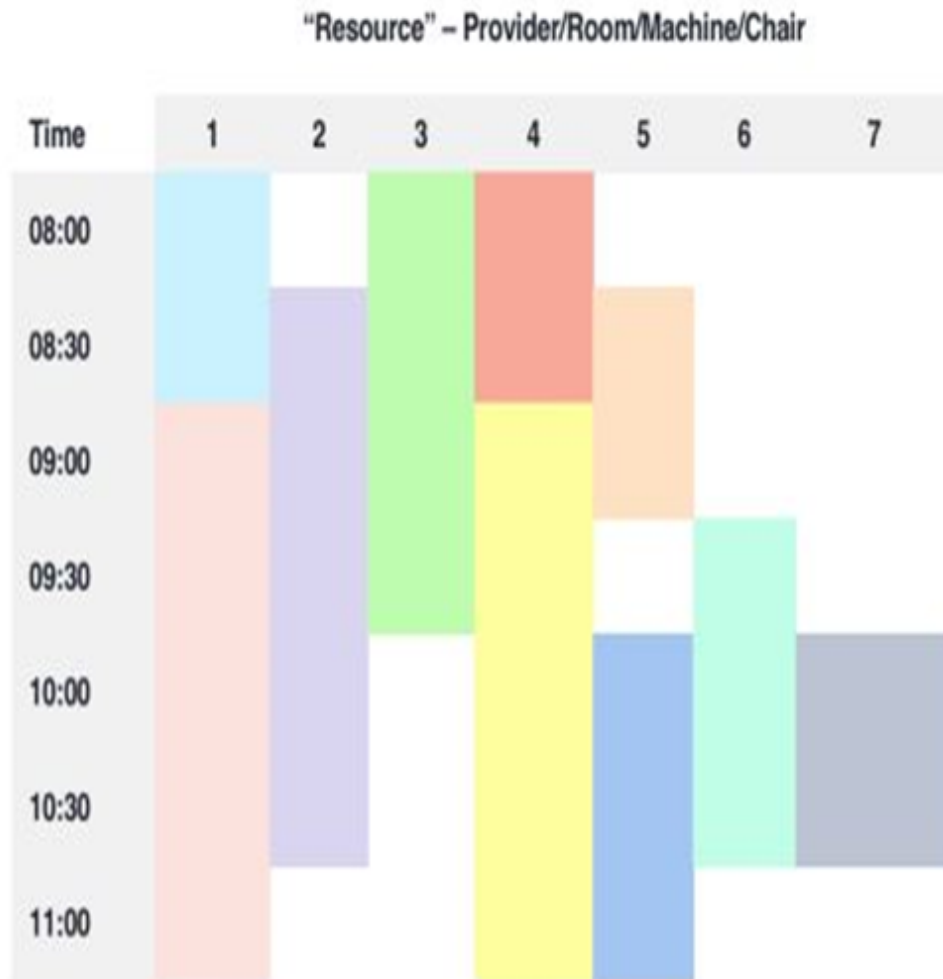
Infusion nurses miss their lunch breaks several times each week, have high levels of overtime and emergency callbacks from their days off



# Current scheduling methods result in Infusion Centers losing the game of Tetris



# Why can't my EHR fix this? #1 of 4



A grid-based scheduling approach works for tennis courts and spa scheduling because they are **deterministic** (i.e., start and end times are accurate and known in advance).

It does not work in healthcare as clinical appointments are **stochastic** ("random and highly variable") and cannot be stopped based on the clock.

## EHRs have an incredibly weak mathematical foundation - #2 of 4



EHRs take a “first-come-first-served” approach to scheduling clinical appointments. This is **mathematically incorrect** – the **ONLY WAY** to improve patient flow is to sequence the appointments based on constraint-based **optimization algorithms** that match the supply and demand patterns

## EHRs have an incredibly weak mathematical foundation - #3 of 4



EHRs do not enable the use of **probability theory and simulation algorithms** to account for delays, overbooking, cancellations and add-ons which are unavoidable every single day



## EHRs have an incredibly weak mathematical foundation - #4 of 4



EHRs attempt to solve the problem by providing Reports, Dashboards, and Targeted Alerts. These are **NICE - BUT NOT ENOUGH.**

It takes Constraint-Based Optimization Methods, Machine Learning, Artificial Intelligence and Simulation Algorithms to improve asset utilization and patient flow – **EHRs don't have those tools.**

## Challenges with Conventional Approaches

Deploy a comprehensive Lean / Six Sigma / Process Improvement effort across the organization



### Benefits

- Engages the entire workforce in process improvements.
- Establishes the discipline if making metrics visible
- Cascades leadership goals down through each level of the organization




### Challenges

- Consumes enormous resources.
- Requires resilience - changes in team result in setbacks
- Relies on simplistic math (Excel) that cannot capture operational complexity



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5. Q&A



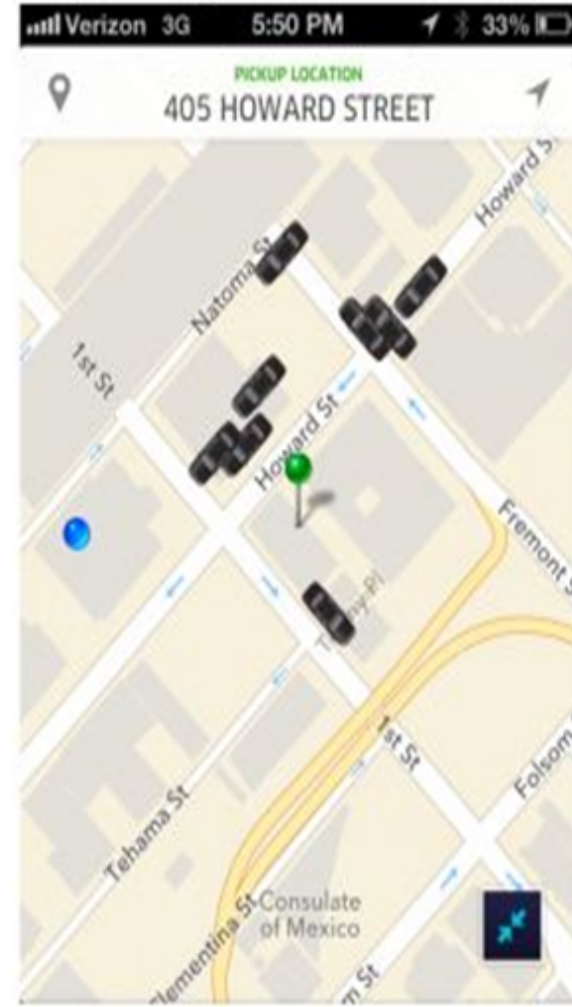
# Optimizing Asset Utilization requires matching the demand and supply signals

## Matching the demand and supply signals

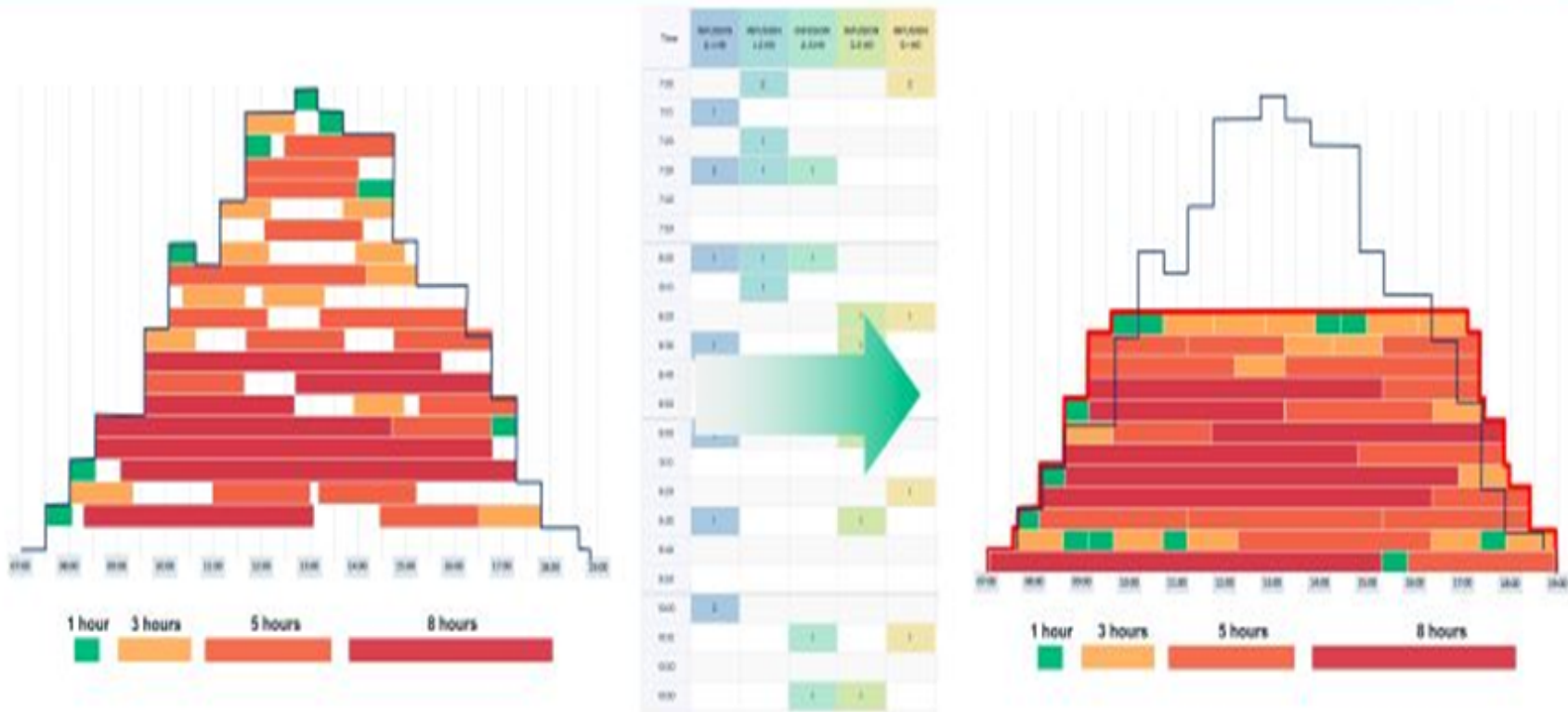
All three levers must be pulled in order to achieve demand/supply balance

1. **Shape** the demand pattern
2. **Unlock** supply capacity proactively
3. **Nudge** both demand and supply to remain in balance

## An example that actually works



# Lever #1: Shaping the demand pattern in Infusion Centers



Understand historical volumes in order to build a schedule that level-loads appointments across the day, aiming to achieve a steady ramp-up, flat utilization throughout the day, and smooth ramp-down.

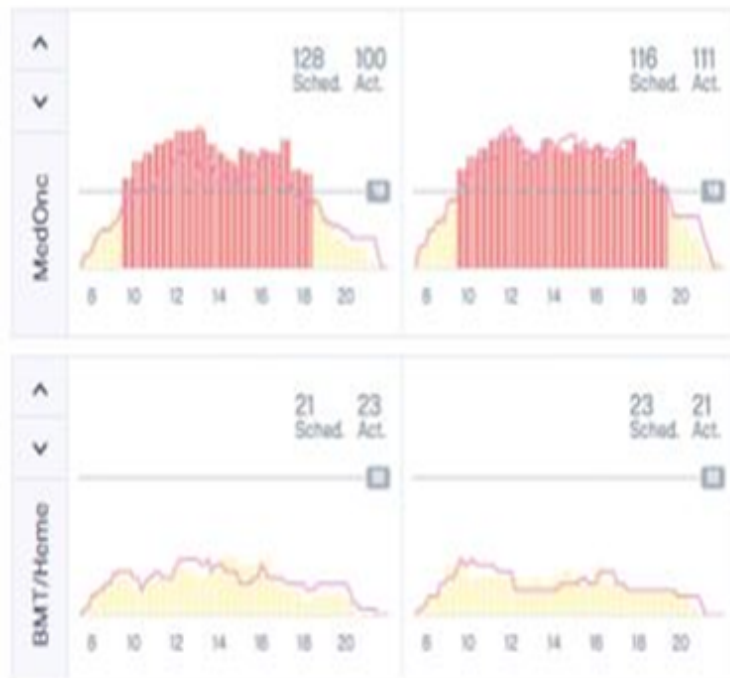
Actively steer eligible appointments to the early morning and later afternoon in order to avoid pile-ups in the middle of the day.

# Lever #2: Unlocking supply in a proactive manner

Evaluate the system as a whole in order to identify opportunities to re-distribute supply

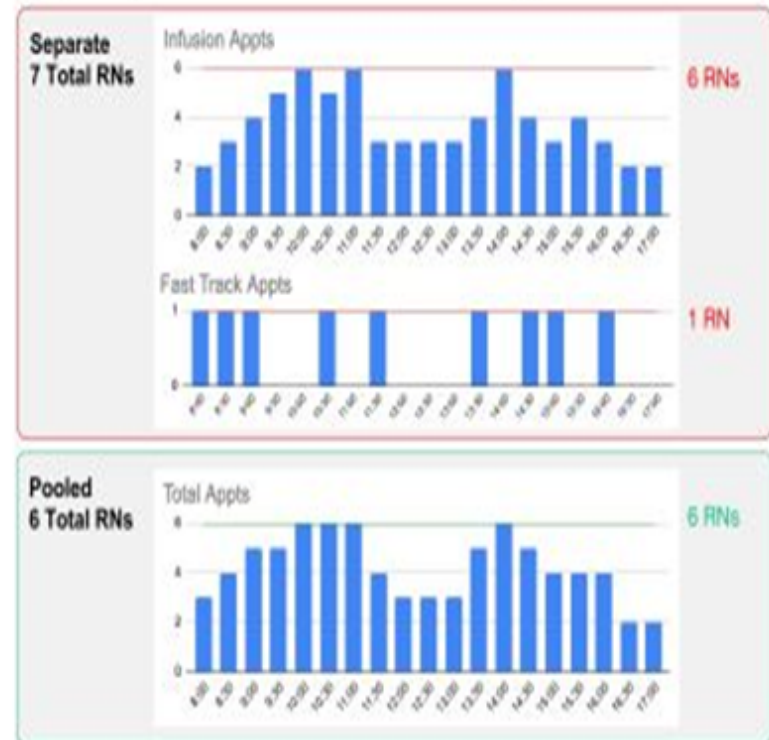
### Example 1:

Rebalance chair resources to better match typical demand patterns across disease groups



### Example 2:

Pool Fast Track resources that *could* be used for other activities (e.g. RNs) in order to reduce the total supply needed



## Lever #3: Nudging both demand and supply to remain in balance

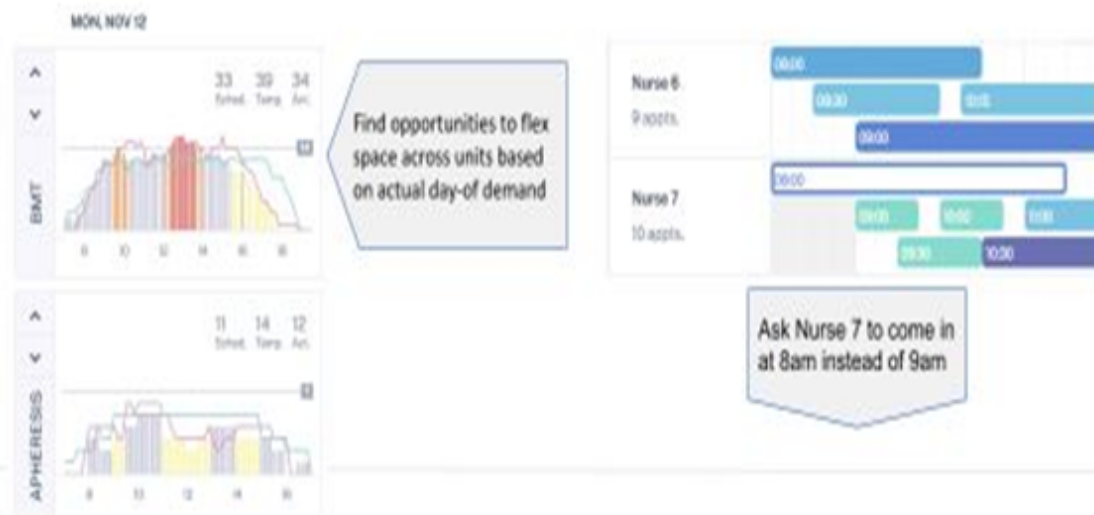
### Look ahead to adjust demand:

- Proactively push incoming appointments towards less busy days in order to avoid creating bottlenecks
- Reactively shift existing appointments away from busy parts of the day in order to avoid bottlenecks before they happen



### Look ahead to adjust supply:

- Understand how the day is stacking up and make staffing adjustments accordingly





# Optimizing Asset Utilization also requires the coordination of connected visits

## An example that actually works

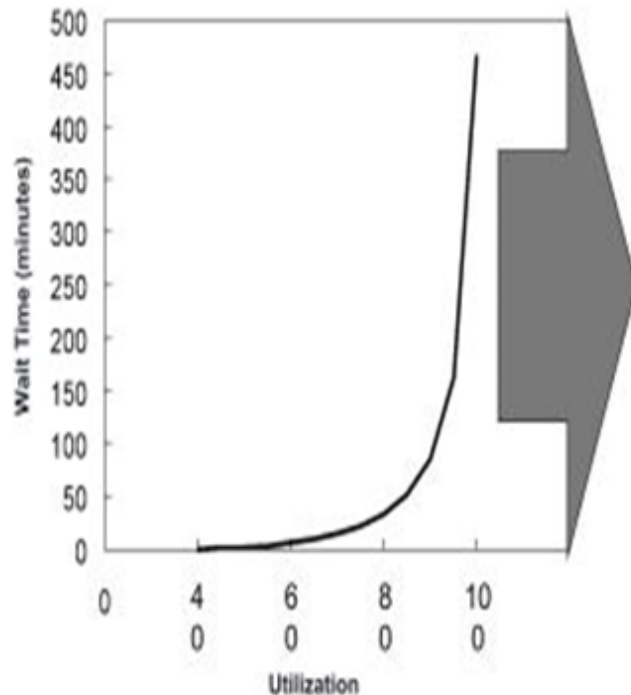
All three levers must be pulled in order to improve flow across connected services

4. **Establish** a realistic upper-limit on utilization for each node
5. **Capture** the choreography of each node into a mathematical model
6. **Simulate** the flow of patients across each node



## Lever #4: Establishing a realistic upper-limit on utilization for each node

When a node approaches MAX UTILIZATION, it goes into complete gridlock like the freeway at rush-hour



The upper limit on utilization depends entirely on:

- Consistency of arrival rate of demand
- Predictability of the duration of service
- Availability of the asset providing the service

Therefore, a machine that always produces widgets at a constant rate (e.g., 1 per minute) and **has near-zero downtime** can expect to operate at ~95+% utilization

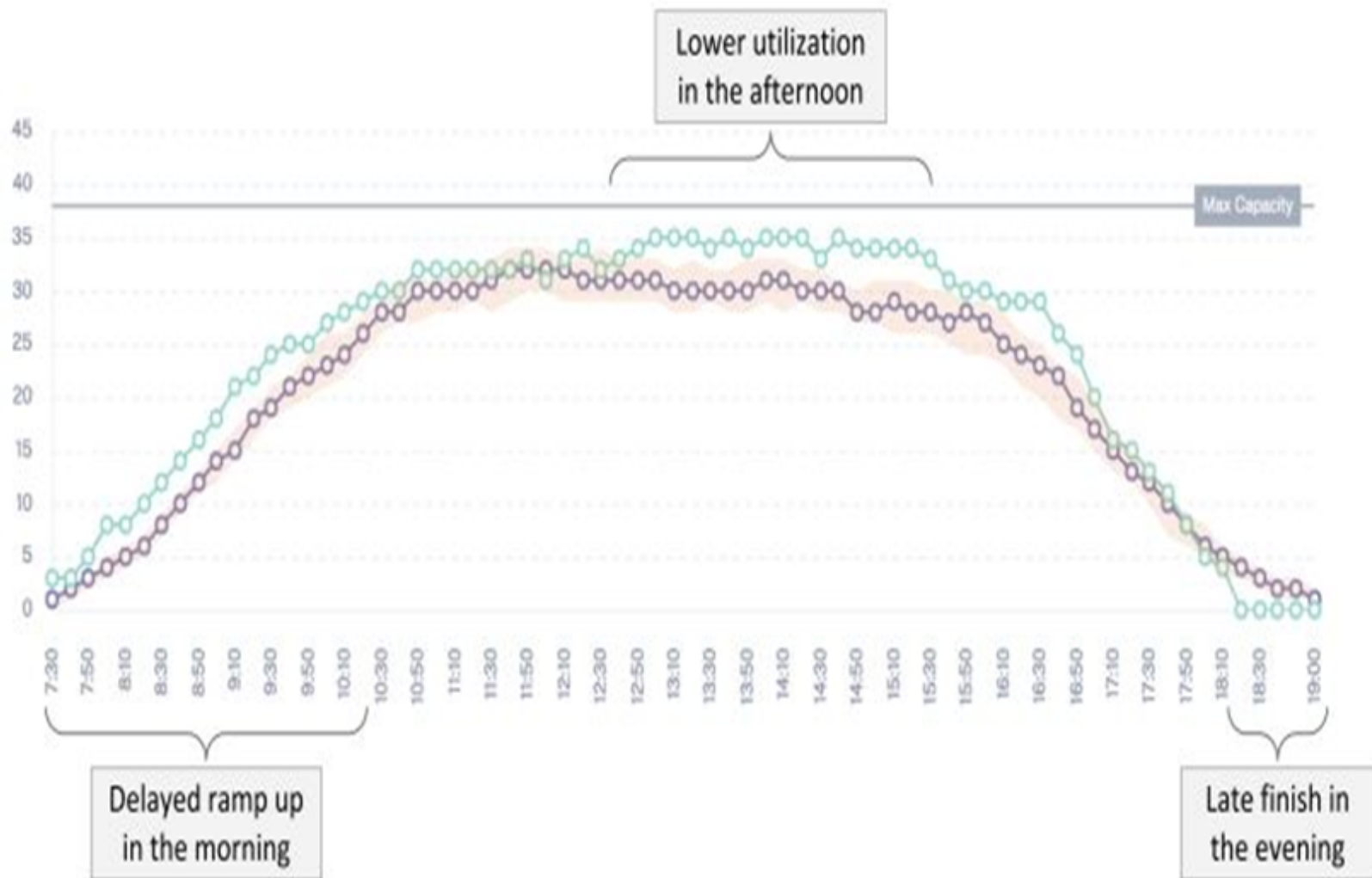
Healthcare services are highly variable on all 3 dimensions and therefore must be designed to operate at a lower utilization level

## Lever #5: Capturing the choreography of each node into a mathematical model

### Incorporating the variability of Infusion




## Lever #6: Simulating the flow of patients across each node





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## Throughput - Access - Capacity

Reduce constraints where able  
in order to maximize utilization

Consider Uncoupling when you  
need increase capacity



## Throughput - Access - Capacity

Pooling resources is best for maximizing capacity

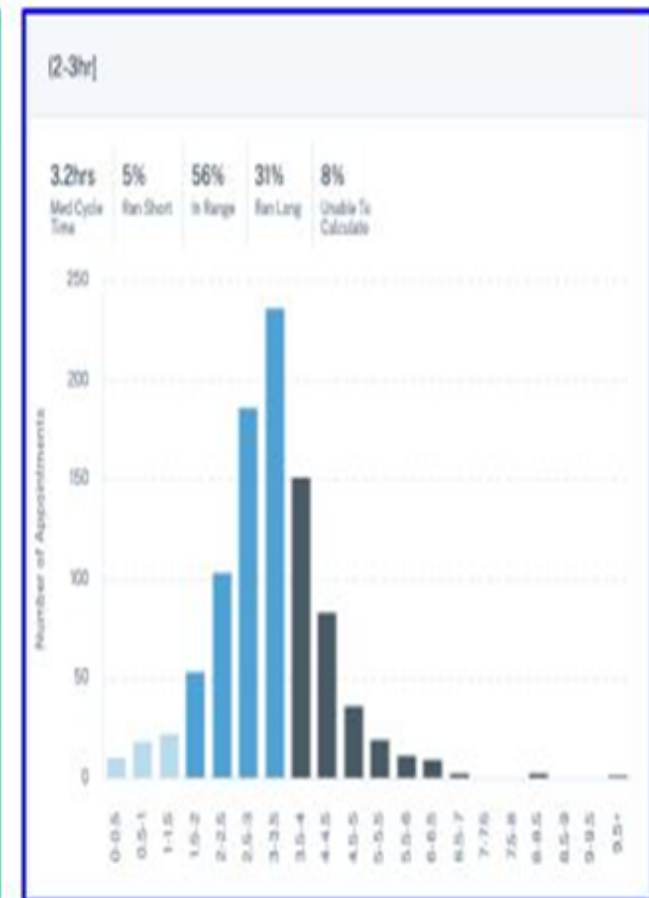
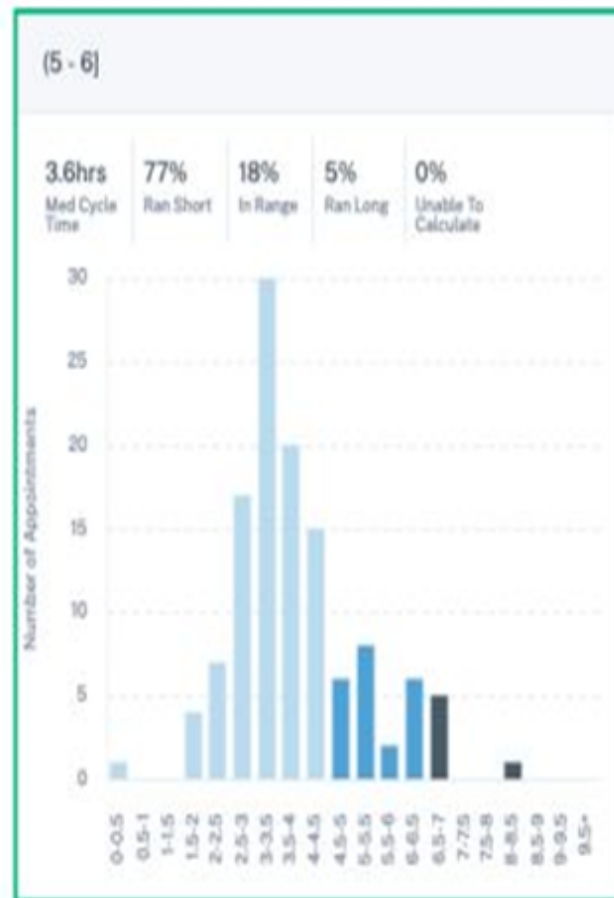
Fast Tracks work when you have enough volume



# Operational Strategies - Actionable Takeaways

## Throughput - Access - Capacity

Analyze  
**CYCLE  
TIMES** at  
least  
quarterly





## Throughput - Access - Capacity

Premixing medications



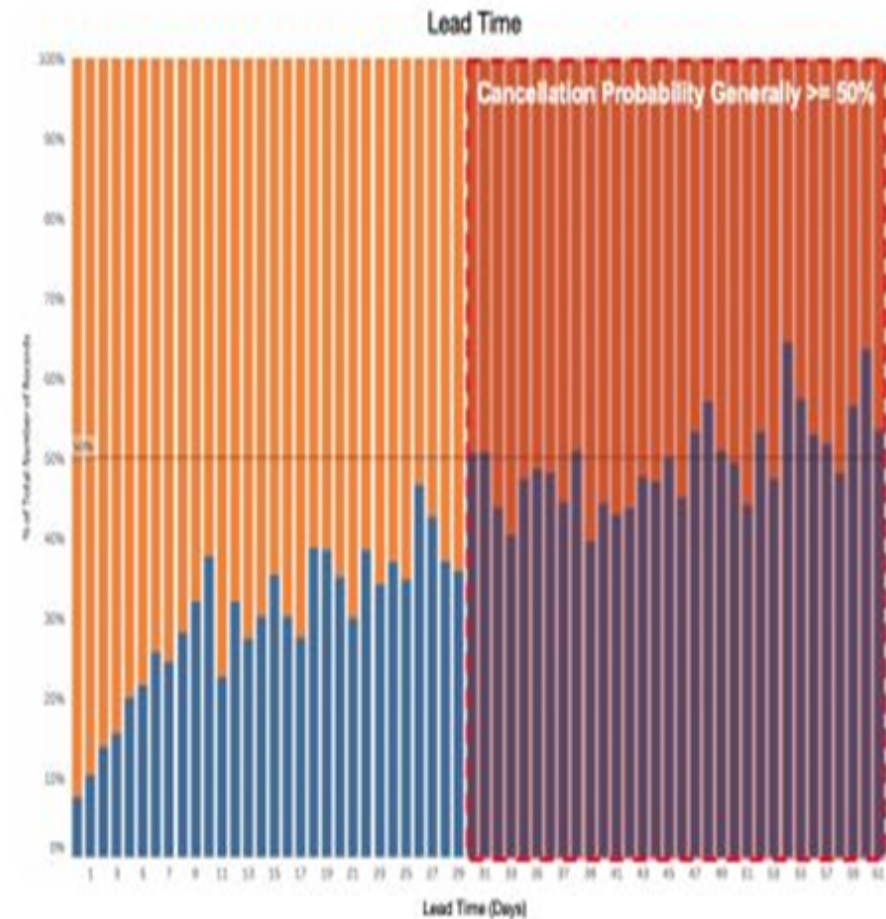
Pework Accuracy/Ticket to Ride



## Transfusions / Pre Scheduling Lead Time Analysis

- As lead times increase, the cancellation rates also increase

Example - the lead time beyond 30 days, there is a 50% chance that the appointment will get cancelled



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THANK YOU